### **CHILD & FAMILY**

- Case Management support for families with 0-12 year olds
- Evidence based parenting workshops on Triple P, 123 Magic & Tuning into kids.

# NEWSTEPS PROGRAMS

- Direct support for families with children
   0-12 years who are in Australia for less
   than 5 years
- Workshops on evidence based practices- Tunning into kids, Parents under Pressure, 123 Magic.
- Social Inclusion programs (7 week activities based on consultation for families)

# SUPPORTED LANUGUAGES

- Spanish
- Arabic
- Assyrian
- Urdu
- Vietnamese
- Cantonese



## **CONTACT US**

Community First Step Head Office 25 Barbara Street, Fairfield NSW 2165 E: reception@cfs.asn.au Ph: 02 9727 4333

Spencer Street HUB 1-11 Spencer Street, Fairfield NSW 2165

#### **Youth Centre**

Fairfield Youth & Community Centre 44 Vine Street , Fairfield NSW 2165

# OTHER SERVICES AVAILABLE

Children's Services
Before & After School Care
Vacation Care
Occasional Care
Roving Childcare
Playgroups

Enquire: childrensservices@cfs.asn.au

Disability Services
Community Access & One-on-One
Day Programs
Support Coordination

Enquire: disability@cfs.asn.au



# COMMUNITY & YOUTH SERVICES

www.cfs.asn.au





### WHAT WE DO:

Our Community Services team creates opportunities by providing innovative services and programs to ease the pressure and disadvantage that low-income, new migrants, refugees, families and young people experience.

Our Multilingual team provide support and referrals to assist with form filling, interpreting, advocacy and emergency relief through food vouchers and food parcels.

While our community builders team provides various programs, workshops, events and social inclusion activities to build community capacity and engagement.

## WEEKLY COMMUNITY HUB PROGRAMS

- Employment Support
- Gentle Exercise for Seniors
- · Children's Choir
- Conversational English Classes
- Family First (social inclusion program for parents)
- Parents & Children's Playgroups
- Sinlge Mums Support Group
- Learn to Meditate
- Women's Support Group
- Tech & Men's Group
- DIY, Knitting & Crochet Group





### **YOUTH PROGRAMS**

### Programs run out of youth centre

- Soccer Coaching
- Trampolines
- Jam Sessions
- Youth Choir
- Homework Help
- Volleyball
- Arts & Crafts
- FLYHT Outreach
- Girls Group & Boys Group
- Touch Football
- Employment Help
- · Basketball Mentoring & Coaching
- Dance Group
- Trivia & Games
- Legal Aid

### **Other Youth Programs**

- School Suspension Programs
- Workshop (Rage, Managing Bullying, Feeling Fantastic)
- Case Management WDO, YJC
- School Mentoring Programs