



Moving to New Home Checklist

This form is written from the perspective of people with disability who is ready to move in to new home. Moving new home involves a lot of tasks and need social circle to assist people with disability to move in smoothly.

The form can be filled by people with disability themselves or trusted family members or support coordinators.

6 - 12 months before moving	
I have support coordinator with experience in helping people reach their housing goals and innovative housing solutions	<input type="checkbox"/>
I have gathered family and friends to help think, plan and take actions for my move	<input type="checkbox"/>
I have developed housing goals, preferences, and visions for what my future living situations looks like	<input type="checkbox"/>
I have began exploring different housing options - mainstream, social housing, and SDA	<input type="checkbox"/>
I have applied for social housing .	<input type="checkbox"/>
At NDIS plan review discuss housing goals and/or complete <u>NDIS Home and Living Request form</u> - signaling intention to move into a new home. (Seek funding to explore housing and support to move)	<input type="checkbox"/>
I have began a moving diary to keep track of tasks and responsibilities	<input type="checkbox"/>
I have started writing a daily care plan for things such as personal care, monitoring and preventions of secondary conditions, and toilet regimes	<input type="checkbox"/>
I have researched and visited local community groups/activities in areas that I am moving in	<input type="checkbox"/>
I have engaged occupational therapy for assessments - SDA/home mods/assistive technology (AT)/support required, building independence skills	<input type="checkbox"/>
I have explored and designed support model with support providers - <u>SIL</u> , <u>ILO</u> , daily living and shared management approaches	<input type="checkbox"/>
I have engaged speech pathologist to update mealtime management plan and communication strategies	<input type="checkbox"/>



I have consulted with positive behavior support (PBS) practitioner to move to new home and PBS plan requirement in new home	<input type="checkbox"/>
I have engaged other allied health professionals as required	<input type="checkbox"/>
I have consulted with lawyers about money in trust	<input type="checkbox"/>
I have consulted with Trustee and Guardian finances about the move	<input type="checkbox"/>
I have created inventory of AT and equipment with OT and identify new AT required in new home	<input type="checkbox"/>
I have listed the household items that need to be bought before the move	<input type="checkbox"/>

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(6-12 Months)



3 - 6 months before moving	
I have gathered evidence from OT for SDA and submitted housing plan and complete NDIS home and Living Request form requesting SDA	<input type="checkbox"/>
I have gathered evidence from OT for home mods to mainstream housing. Submit NDIS Home and Living Request Form requesting <u>Home mods</u> to new home. (Already receive builder quotes)	<input type="checkbox"/>
I have applied for Centrelink rent assistance	<input type="checkbox"/>
I have investigated possible discounts on electricity	<input type="checkbox"/>
I have formalised support model design and establish agreements with preferred support provider	<input type="checkbox"/>
I have reviewed PBS plan for new home	<input type="checkbox"/>
I have identified risks and plan mitigation	<input type="checkbox"/>
I bought AT with NDIS allocated funds	<input type="checkbox"/>
I have tried and researched new hobbies and activities to do at home and in the community	<input type="checkbox"/>
I created training videos for new support team	<input type="checkbox"/>
I have met regularly with my support team and delegated jobs to family, friends, and team members	<input type="checkbox"/>
I visited new home and got to know new neighbourhood	<input type="checkbox"/>
I researched my new neighborhood/community and aware of where do people spend their time/what do they do?	<input type="checkbox"/>

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(3-6 Months)



1 - 3 months before moving	
I have gotten SDA approval from NDIS - ensure design category, building type and co-residents align with needs and preferences	<input type="checkbox"/>
I got involved with choosing co-residents, and join "getting-to-know-you" meetings and activities	<input type="checkbox"/>
I have home mods approved and underway	<input type="checkbox"/>
I have finalised health care plans	<input type="checkbox"/>
I have begun buying furniture for a new home - consult with Trustee and Guardian re finances and shop for second hand furniture or donations	<input type="checkbox"/>
I have booked removal van	<input type="checkbox"/>
I have recruited and chose new support workers - advertise, interview, check references, worker screening	<input type="checkbox"/>
I arranged allied health, nurse, PBS practitioner to provide training to support workers	<input type="checkbox"/>
I trained support workers using training videos and practitioners above	<input type="checkbox"/>
I have identified and linked with local services - pharmacist, GP, bank, optometrist, supermarket and cafe	<input type="checkbox"/>
I have bought household items (e.g. linen, crockery, cutlery etc.)	<input type="checkbox"/>
I have arranged additional support for move/transition	<input type="checkbox"/>
I have arranged transport (e.g. apply for half price taxi card, disabled parking permit, identify suitable local taxi drivers/maxi taxi drivers, obtain information about local public transport)	<input type="checkbox"/>
I began travel training in new neighborhood	<input type="checkbox"/>

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(1-3 Months)



1 month to moving day	
I have visited new home as often as possible and began setting up house	<input type="checkbox"/>
I met regularly with co-residents	<input type="checkbox"/>
I planned housing warming party	<input type="checkbox"/>
I have introduced myself to new neighbours	<input type="checkbox"/>
I have organised utility connections - water, gas, electricity, internet	<input type="checkbox"/>
I apply for <u>Centrelink rent assistance</u>	<input type="checkbox"/>
I start sorting and packing my belongings	<input type="checkbox"/>
I ensured extra support is available	<input type="checkbox"/>
I have called my support circle for help and emotional support	<input type="checkbox"/>
I have arranged cleaners	<input type="checkbox"/>
I got keys cut, bought lock box	<input type="checkbox"/>
I bought groceries for new home - stock pantry and arranged prescriptions/medications and instructions for administration and Webster pack for first week if required	<input type="checkbox"/>
I have listed all future appointments and relevant contact details (e.g. specialists)	<input type="checkbox"/>
I have used cognitive aids (e.g. whiteboard, reminder and note apps, etc.)	<input type="checkbox"/>
I have organised/bought supply of consumables , such as continence aids	<input type="checkbox"/>



I have back-up/contingency plans for gaps in support	<input type="checkbox"/>
I have arranged schedule for moving day	<input type="checkbox"/>
I have set up AT and security systems e.g. vital call	<input type="checkbox"/>
I have provided new contact details to all relevant bodies (e.g. electoral roll, Medicare, Centrelink, companion card, bank, utilities etc)	<input type="checkbox"/>
I have ensured copies of guardianship and administration orders have been provided to the support provider	<input type="checkbox"/>
I have arranged removal and delivery of furniture/equipment	<input type="checkbox"/>

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(1 Month)



After the move	
I will continue to work with support workers	<input type="checkbox"/>
I will meet regularly with circle of support	<input type="checkbox"/>
I sent my new contact details to my friends and family	<input type="checkbox"/>
I will seek more opportunities to get to know neighbours - open house, house warming	<input type="checkbox"/>
I have found out bin collection day	<input type="checkbox"/>
I have connected with local community	<input type="checkbox"/>
I reflected on how support is working and adapt as needed	<input type="checkbox"/>



After Move

For more information and enquiry, contact our friendly staff

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