



WORK AND DEVELOPMENT

ORDERS FOR

UNDER 25s

Workshops
starting in MAY

Open for referrals now for
mentoring and workshops

What we offer

Referrals to counselling, drug and alcohol treatments, volunteering (internal and external), life skills and vocational courses.

Mentoring & Support

Ongoing individual tailored support to look at goals, confidence building, exploring future options, employability, decision making and communication

If you are unable to pay **COURT FINES** or **PENALTY NOTICES**, Community First Step can help you work these off through participation in valuable support including unpaid work, counselling, life skills courses and mentoring.

Workshops

1 x 2 hour workshop per week for 6 weeks

Session 1	<ul style="list-style-type: none"> • Introductions and communication • Get to know each other activities • What are the different types of communication and when are they used? • Verbal/non-verbal games • Body Language
Session 2	<ul style="list-style-type: none"> • Teamwork and responsibility • Hands on team activities • who works in a team? • Positives and negatives of working in a team • What are your responsibilities as a team member? • Team games
Session 3	<ul style="list-style-type: none"> • Finances and budgeting (out-sourced) • Getting help and guidance about how to manage their money
Session 4	<ul style="list-style-type: none"> • The law and employment (out-sourced) • Getting help regarding their convictions/fines. • What do they have to disclose to an employer? • Do they know their legal rights?
Session 5	<ul style="list-style-type: none"> • CVs and interviews prep • What information is needed on a CV • Layout of a CV • Do's and Don'ts on a CV • Interviews - body language, what to take, possible questions • Interview each other • How can an employer find out about you?
Session 6	<ul style="list-style-type: none"> • Mock interviews and celebrations • Mock interview • Self-evaluation of interview and feedback from interviewer • Food/games celebration

Contact details:

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